



MENU AVAILABLE EVERY DAY, 9AM TO 5PM

BREAKFAST & ALL-DAY BRUNCH

- Monty's Breakfast** **£11.25**
One rasher of smoked back bacon, a Cumberland sausage, two hash browns, baked beans, grilled tomato, flat mushroom, fried egg and a slice of white, brown or sourdough toast.
- Big Monty's Breakfast** **£16.25**
Two rashers of smoked back bacon, two Cumberland sausages, hash browns, baked beans, grilled tomato, flat mushroom, two fried eggs and two slices of white, brown or sourdough toast.
- Monty's Veggie Breakfast (V)** **£11.25**
One vegan sausage, a hash brown, veggie bacon, baked beans, grilled tomato, flat mushroom, fried egg and a slice of white, brown or sourdough toast.
- Big Monty's Veggie Breakfast (V)** **£16.25**
Two vegan sausages, two hash browns, two rashers of veggie bacon, baked beans, grilled tomato, flat mushroom, two fried eggs and two slices of white, brown or sourdough toast.
- Eggs Benedict** **£9.75**
Two poached eggs served with hollandaise sauce on a toasted English muffin with smoked back bacon.
- Eggs Florentine (V)** **£9.75**
Two poached eggs served with hollandaise sauce on a toasted English muffin with spinach and mushrooms.
- Eggs Your Way on Toast** **£8.00**
Choose from two poached, two fried or two scrambled eggs. Served on either sourdough toast, white toast or brown toast. Add smashed avocado for £4.
- Smashed Avocado on Toast (V)** **£11.50**
Smashed avocado served on either sourdough toast, white toast or brown toast.

SPECIAL REQUIREMENTS & ALLERGY SAFETY

GF - Gluten Free - V - Vegetarian, VE - Vegan

Please speak to the team about any special dietary requirements when ordering. Our meals are prepared in a kitchen where nuts, gluten, as well as other allergens, are present.



Sausage Butty **£5.95**
Cumberland Sausages in your choice of white or brown bread.

Back Bacon Butty **£5.95**
Smoked back bacon in your choice of white or brown bread.

Toast with Jam or Marmalade **£2.95 / Extra Slice £2**
A slice of white or brown toast with butter and a choice of jam or marmalade.

GLUTEN FREE BUNS & GLUTEN FREE SLICED BREAD AVAILABLE

EXTRAS

Sausage	£3.50
Egg (Poached, Fried or Scrambled)	£3.00
Rasher of Bacon	£3.00
Slice of Toast	£2.00
Hashbrown	£2.00
Flat Mushroom	£2.00
Grilled Tomato	£2.00

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BAGUETTES & SANDWICHES

Choose from a warm toasted sourdough baguette, white or brown bread sandwich, toasted bread or a gluten free bun. Served with a salad garnish and light dressing.

Add skinny fries for £3, chunky chips for £3.50 or sweet potato fries for £4

Metropolitan Club	£12.95
<i>Grilled chicken breast, crispy bacon, tomato, baby gem lettuce and mayo</i>	
Chicken Caesar and Baby Gem Lettuce	£9.95
Breaded Fish Goujons with Tartar Sauce	£11.95
Prawn Mayo	£9.95
Tuna Mayo & Cheese	£8.95
Ham & Tomato	£8.95
Ham & Coleslaw	£8.95
Cheddar & Tomato (V)	£8.95

JACKET POTATOES

Served with salad garnish and a light dressing.

Coleslaw (V/GF)	£8.55
Tuna Mayo (GF)	£8.95
Baked Beans & Cheese (V/GF)	£8.95
Prawn Mayo (GF)	£10.95
Chilli Con Carne (GF)	£10.95

Add cheese for 75p to any of the above jacket potatoes

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SALADS

Chicken, Bacon & Avocado Salad (GF) **£16.95**
Flame Grilled chicken, smoked bacon, avocado, red onion, mixed leaves and cherry tomatoes with parmesan cheese and a house dressing.

Mediterranean Salad (VE/GF) **£12.95**
Hummus, grilled red peppers, green beans, chopped tomatoes, bulgar wheat, falafel and mixed leaves with a house dressing

Add Grilled Chicken or Grilled Salmon for £4 or Halloumi for £3

Superfood Salad (VE/GF) **£12.95**
Broccoli, green beans, quinoa, grilled red peppers, beetroot and mixed leaves with a house dressing

Add Grilled Chicken or Grilled Salmon for £4 or Halloumi for £3

Caesar Salad **£13.95**
Baby gem lettuce, smoked bacon pieces, hardboiled egg, croutons, Caesar dressing, shavings of parmesan cheese and anchovies.

Add Grilled Chicken or Grilled Salmon for £4 or Halloumi for £3

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LUNCH BITES, MAINS & SHARERS

Soup of the Day (V)	£5.95
<i>Homemade soup served with warm ciabatta and butter. Gluten free option available.</i>	
Sausage & Mash	£13.95
<i>Grilled Cumberland sausages served with buttery mash, fresh garden peas and gravy. Vegan option is available.</i>	
Steak & Ale Pie	£15.95
<i>A heartwarming steak and ale pie. Served with your choice of chips or mashed potato, garden peas and gravy.</i>	
Ham, Egg & Fries (GF)	£12.95
<i>Butchers' quality sliced ham and two fried eggs served with skinny fries.</i>	
Smoked Haddock & Applewood Cheese Fishcakes	£17.95
<i>Served with fries and a side salad with house dressing</i>	
Loaded Fries Sharer (V/GF)	£10.95
<i>Skinny fries topped with grated melted cheese, guacamole, sour cream and salsa.</i>	
Add chili con carne to your fries or nachos for £3.95	
Nachos Sharer (V)	£10.95
<i>Tortilla chips topped with grated melted cheese, guacamole, sour cream and salsa.</i>	
Add chili con carne to your fries or nachos for £3.95	

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BURGERS

Our legendary burgers are served in a brioche bun (gluten free available) with baby gem lettuce, sliced tomato, pickled gherkins, red onion. Served with a side of creamy coleslaw and a salad garnish with a light dressing.

Served with skinny fries, or swap for chunky chips for an extra 75p or sweet potato fries for an extra £1

Metropolitan Beef Burger & Fries	£16.95
<i>8 oz juicy butchers steak burger, grilled and topped with crispy bacon, cheese sauce and burger relish.</i>	
Metropolitan Chicken Burger & Fries	£16.95
<i>Grilled Chicken Breast topped with melted cheese, crispy bacon, and spicy mayo.</i>	
Metropolitan Chilli Beef Burger & Fries	£18.95
<i>8 oz juicy butchers steak burger, grilled with crispy bacon, topped with beef chilli.</i>	
Chicken, Bacon & Avocado Burger & Fries	£15.95
<i>Grilled herby chicken, smoked streaky bacon, avocado, lettuce, tomato, red onion and roasted garlic mayo.</i>	
Metropolitan Halloumi Burger & Fries (V)	£14.95
<i>Crispy halloumi, hummus, roasted peppers, tomato, red onion and sweet chilli in a brioche bun.</i>	
Moving Mountains Plant-based Burger & Fries (V/VE)	£14.95
<i>A blend of plant-proteins with sweet chilli sauce in a vegan brioche bun.</i>	

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SIDES

Loaded Fries for One (V/GF)	£7.95
<i>Skinny fries topped with grated melted cheese, guacamole, sour cream and salsa.</i>	
<i>Add chili con carne to your loaded fries or nachos for £2.95</i>	
Nachos for One (V)	£7.95
<i>Tortilla chips topped with grated melted cheese, guacamole, sour cream and salsa.</i>	
<i>Add chili con carne to your loaded fries or nachos for £2.95</i>	
Halloumi Fries with Salad Garnish and Sweet Chilli Sauce (V/GF)	£6.95
Selection of Olives	£2.95
Sourdough Garlic Bread (V)	£4.50
Cheesy Sourdough Garlic Bread (V)	£5.75
Chunky Chips (VE/GF)	£4.00
Skinny Fries (VE/GF)	£3.55
Sweet Potato Fries (VE/GF)	£4.50
Crispy Battered Onion Rings (V)	£3.75
Creamy Coleslaw (V/GF)	£1.95

Garlic Bread is available as a Gluten Free Option.

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KIDS

Grilled Cumberland Sausages	£7.95
Vegan Sausages	£7.95
Grilled Chicken Breast	£7.95
Breaded Chicken Nuggets	£7.95
Fish Goujons	£8.95

Served with fries, and a choice of peas or baked beans.

DESSERTS

Raspberry Frangipane (GF/VE) <i>Raspberry frangipane tart served with vanilla ice cream.</i>	£5.95
Chocolate Brownie <i>Warm chocolate Brownie with vanilla ice cream.</i>	£5.95
Sticky Toffee Pudding <i>Fluffy treacle and date sponge topped with a lusciously rich toffee sauce. Served with vanilla ice cream.</i>	£7.50

ICE CREAM & SORBET

One Scoop for £2.25
Two Scoops for £3.75
Three Scoops for £4.95

Selection of Ice Cream and Sorbets available please ask your server

**SEE OUR SELECTION OF ICE CREAMS IN OUR
FREEZER CHEST BY THE BAR!**

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